

THE FACS

CONNECTING PROFESSIONALS. TOUCHING LIVES.



AAFCFS 2011: Looking Forward by Reflecting on 2010



Sue Byrd, CFCS,
President

At the start of a new calendar year, it is always good to reflect on the year just ending and review our accomplishments in order

to see what we have done and where we need to go. AAFCS staff, board, and members were involved in many initiatives during 2010 that have had a definite impact on "Connecting Professionals. Touching Lives." Here are just a few examples of our accomplishments:

- The roll out of our **new brand** and the use of our new logo, tagline, and key messages at the national level, by affiliates, by committees and all of those involved in our mission, has positioned us to be a well-respected association and leader in the FCS field.
- The visionary leadership of our AAFCS staff have plunged us into the virtual realm with webinars, providing **professional development** at the time and place convenient to you.
- The continued networking and promotion of **AAFCS Pre-Professional**

Assessments and Certifications (Pre-PAC)

by staff, board members, and those directly involved in the education of our youth, have propelled us into the arena of providing tools needed by those individuals who will be a key part of the future of the family and consumer sciences profession.

- The Council for Accreditation and their advisors worked diligently to revise the **Standards for Accreditation** which will keep our programs strong in higher education.

So what does 2011 have in store for us? We, as an association, must work together with all members to get the word out about the services we provide and use our networking skills, which are such a valuable part of how we

carry out the mission and philosophy of family and consumer sciences. **We need to add to our membership to keep us strong.** I challenge each of you to invite your colleagues who are not members of AAFCS to take a look at what we have to offer. Steer them to our website, www.aafcs.org, and bring them to your local and affiliate meetings and the national conference. Our **2011 Annual Conference & Expo in Phoenix** is shaping up to be an exciting conference, with many new features and networking opportunities. With the theme, "Linking Cultures, Enriching Lives," and our location, you can be sure that you will come away with a valuable and elevating experience. If you are not sure of your plans June 23-25, 2011, reserve the dates. Do your part to keep AAFCS and family and consumer sciences strong!



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AAFCS Community Corner

Are you resolved to take control of your career in 2011? If you're a member of AAFCS, you've already taken a giant step. With a 100+ year history, AAFCS remains a leader in the FCS field today, and your membership says you are committed to strengthening the profession.

We want to help you be your best in 2011, and accomplish more, both personally and professionally. One way to further develop your skills and make an impact is to join an AAFCS Community. By using an online forum that offers innovative tools like discussion boards, wikis, and shared event calendars, AAFCS Communities enable members to connect across multiple practice settings and geographic boundaries and take action on topics relevant to the mission of AAFCS and practice of FCS.

The following Communities are available for members to view and join online:

- Elementary, Secondary & Adult Education
- Colleges, Universities, & Research
- Family Relations & Human Development
- Global Perspectives
- Non-traditional Careers

- Apparel Design & Textiles
- Nutrition, Health, & Food Management
- Family Economics & Resource Management
- Business & Entrepreneurship
- History & Archives
- Quality of Living
- Extension
- Partners in Home & Community
- FCS Teacher Educators in Higher Education
- Public Awareness
- Building Leadership Capacity in AAFCS

Contact the Communities Coordinating Team at cct@aaafs.org for information on starting a new Community, and for information on mini-grants available for new Communities.

AAFCS Member Spotlight



Troy Stuart
Baton Rouge,
Louisiana
Active Member
since 2009

This month's Member Spotlight features Dr. Troy Stuart, a member of the AAFCS Public Policy Committee. As of December 2010, Troy is making an international impact with his FCS training, as he and his family have moved to Chiang

Rai, Thailand for 18 months, where he'll be a teacher and administrator at the Chiang Rai International Christian School. From August 2007 – December 2010 Troy was on faculty in the FCS program at Southeastern Louisiana University, where he primarily taught courses in family studies. From 2001 – 2007 he worked as campus minister for a non-denominational church at Louisiana State University in Baton Rouge.

Why did you join AAFCS?

I joined AAFCS because it offers an excellent opportunity to get to know other FCS professionals, to work together on committees, and to exchange ideas through publications.

Why did you choose the field of family and consumer sciences?

I chose the FCS field because it focuses on practice. I love that this profession emphasizes how to help people in very practical and tangible ways. While the profession does generate good scholarship and does emphasize research-based programs, it is still a profession driven by helping others improve the quality of their lives in practice, not just in theory. I also chose this field because I desire to see more men develop strong relationship skills as husbands and fathers. I enjoy working with couples in premarital counseling workshops and with fathers who want to be effective dads.

“I chose the FCS field because it focuses on practice. I love that this profession emphasizes how to help people in very practical and tangible ways.”

AAFCS 2010-11 DSA Honorees

AAFCS is excited to celebrate the following individuals as Distinguished Service Award honorees for the 2010-11 program year:



Gearldean Johnson, CFCS

- nominated by AAFCS members of the National Coalition for Black Development in Family & Consumer Sciences



Joyce Miles, CFCS, Retired

- nominated by the AAFCS Development Committee



Raygene Paige

- nominated by the Mississippi Affiliate of AAFCS



Janice Wissman, CFCS

- nominated by the Kansas Affiliate of AAFCS

These special members will be honored at the 2011 AAFCS Annual Conference in Phoenix, Arizona. You can learn more about their achievements online at

www.aafcs.org/Recognition/dsa.asp, and in the next issue of the *Journal of Family & Consumer Sciences* (the *JFCS* is included with all levels of AAFCS membership, and is also available to nonmembers via subscription).

What can you do now? Get started early and submit a letter in honor of any or all of the honorees by May 10, 2011! Send your letter to AAFCS DSA at 400 N. Columbus St., Ste. 202, Alexandria, VA 22314. It will be included in the Book of Letters presented to each awardee.

Also, your gift to the AAFCS DSA Campaign supports programs and services that enable AAFCS members to grow and accomplish more, both personally and professionally! Make your gift by April 30, 2011, to be included in the 2010-11 Honor Roll of Donors: <https://commerce.podi.com/aafcs/Donations.cfm>!

Free High School Financial Literacy Curriculum

The Actuarial Foundation, a nonprofit group, is providing free sets of its award-winning high school financial literacy curriculum *Building Your Future*. To request your free set, visit www.actuarialfoundation.org/programs/youth/BuildingYourFuture.shtml.

Cast Your Vote by Feb. 14!

The AAFCS 2011 Election will open in mid-January! To access the online voting system, click on the "Vote" banner at www.aafcs.org. To request a paper ballot, contact Roxana Ayona at 703-706-4600 or RAyona@aafcs.org. All Active, Ellen Richards Sustaining, and Emeritus members who were in good standing as of January 1, 2011, are eligible to vote.

President-Elect

- Sue Buck, CFCS
- Jean Knaak, CFCS

Treasurer

- Sister Victoria Gribshaw, CFCS
- Sharon Turini-Kent

Nominating Committee

Member (with previous AAFCS Board of Directors experience)

- Don Bower, CFCS
- Virginia Vincenti, CFCS

Nominating Committee

Members (two from Membership-at-Large)

- Jacqueline Holland
- Sally McCombie, CFCS
- Mary Rector, CFCS
- Jody Roubanis, CFCS

To nominate candidates for the 2012 election, download the form in the AAFCS Web Portal (login at top right of www.aafcs.org).

AAFCS Award Nominations and Fellowship, Scholarship, and Grant Applications Due Jan. 18

- 12 Graduate Fellowships
- 1 National Undergraduate Scholarship
- National Teacher of the Year Award
- Leaders Award
- New Achievers Award
- 21st Century Community Champion Award
- Friend of the Family Award
- Excellence in Extension Grant
- Wiley-Berger Award for Volunteer Service

Learn more at www.aafcs.org/Recognition!

Update from Chalkley-Fenn Public Policy Visiting Scholar

By Sharon Hoelscher Day

The Chalkley-Fenn Public Policy Visiting Scholar Award, funded through the generous donations of AAFCS members, was started to connect AAFCS with public policy issues in a meaningful way. I was honored in June when I was selected to be the 2010-11 Chalkley-Fenn Public Policy Visiting Scholar.

Health promotion and prevention have been a basic component of the family and consumer sciences (FCS) profession since its early years. Sanitation, nutrition, strong families, and human development have long been part of our programs and core subject matter. The health promotion message has been key to the integration and ecological perspective of the family and our profession.

My Chalkley-Fenn Scholar project,

“Healthy Women for a Lifetime,” will build new policy connections for AAFCS with non-profit and government agencies related to women’s health. During my first four weeks in Washington, DC, I have already visited with the American Public Health Association, Partnership for Women and Families, National Council on Aging, National Osteoporosis Coalition, National Institute of Food and Agriculture (NIFA-USDA), Office of Women’s Health, Department of Health and Human Services, Association of Public and Land-grant Universities (APLU), Food, Nutrition & Policy Consultants, LLC, Society of Nutrition Education, National Association of Area Agencies on Aging, National Asian Pacific Council of Aging, Leadership Council on Aging, National Hispanic Council on Aging, and AARP.

“Healthy Women for a Lifetime” will develop the advocacy and policy education skills of members by using health promotion and prevention concepts. Prevention is more than education and goes beyond the individual—it must include a continuum from legislative, community, and organizational policy actions through individual choices.

My project will specifically focus on health prevention policy issues for peri- and post-menopausal women. The Women’s Health Initiative has provided new research information on the health issues of older women. The recent public outcry on new mammogram recommendations from the Centers for Disease Control (CDC) expert panel is just one example of the intersection of research and policy. With the discussion on prevention education, wellness, and health-care, several roles may open up for FCS professionals in Extension, university research, family agencies, and secondary education.

Watch this winter and spring for information on several webinars on “Healthy Women for a Lifetime: Personal and Public Advocacy.” Plan to attend sessions scheduled for the AAFCS Annual Conference in Phoenix, June 23-25, 2011. Visit www.aafcs.org/Advocacy for information on public policy, health literacy, and the Public Policy Toolkit (members only). And, if you’d like to support the AAFCS Chalkley-Fenn Public Policy Visiting Scholar Award, please click on “Donate” at the top left of www.aafcs.org.

Parliamentary Pointers: Writing and Presenting a Motion

By Janice Strand, AAFCS Bylaws and Policy & Procedure Committee Chair and Professional Registered Parliamentarian

Business is brought before an assembly (meeting) by a *motion* of a member. A motion may itself bring its subject to the assembly's attention, or the motion may follow up the presentation of a report or other communication.

A motion is a formal proposal by a member, in a meeting, that the assembly take certain action. The proposed action may be of a substantive nature, or it may express a certain view or direct that a particular investigation be conducted and the findings be reported to the assembly for possible further action, or the like. (*Robert's Rules of Order Newly Revised*, 10th Edition, [RONR] page 26.)

The basic motion that introduces action is called the *main motion*. It is highly recommended that main motions be presented in written form. Writing the motion shows that all aspects of the proposal have been thoroughly researched or considered.

After the presentation of the report of an officer, a board, or a committee, one or more motions to carry out recommendations contained in the report may be introduced. A motion may also grow out of the presentation of a written communication to the assembly. This communication **may** be in the form of a letter or memorandum from a member who is not present,

from an executive committee, or from an outside source. After the reading of the communication, a motion can be offered.

A motion is written beginning with the phrase, "I move...". If a motion has been thoroughly considered, no amendments will be necessary. A complete motion should include the proposed action and answer the following questions, if applicable:

1. Who will follow through on the action; will it be an individual or a committee?
2. If the action requires "reporting back" or completion; the report will be to whom and when.
3. If money is involved, how much? Are funds available? How will it be financed?
4. If a committee is involved, how will it be appointed? How many are to be on the committee? Is the committee to consider, investigate, or act?

Many groups use motion forms that are available in triplicate; the original copy is given to the presider (president/chairman), a copy is given to the secretary, and a copy is retained by the presenter. When a motion arises from the report of an officer, another person should make the motion that is recommended by the report.

When the member is recognized by the presider, he or she can state the motion. Another member who wishes it to be considered seconds the motion. If the motion comes from a committee of more than one person, no second is required. (A second merely implies that this person agrees that the motion should be presented. When the motion comes from a committee, more than one person has agreed that the motion should be considered.) No recognition

is needed for someone to second the motion; a member can just say "I second the motion." Should no one immediately second the motion, the presider can ask, "Is there a second to the motion?" If there is no second, the motion dies.

The presider then states the question; this formally places it before the assembly and opens the issue for debate. **The person who presents the main motion cannot debate against the motion, but can vote against the motion.** *The person who seconds the main motion can also vote against the motion.*

If you would like to request a basic motion form to use at your meetings (secretaries love them!), email me at jan_str@msn.com.

Mark Your Calendar for This AAFCS Webinar!

Cost is \$50 per webinar for AAFCS members (\$65 for nonmembers).

Or, AAFCS members can buy 3 webinars for \$99 (\$129 for nonmembers).

1.5 PDUs available per webinar.

Cracking the Millionaire Code: Financial Education for Teachers and Students

Thursday, January 13, 4:00 pm ET
Presented by Joanne Kuster

Looking for fun, down-to-earth ideas to teach (or learn) personal finance concepts? Learning to invest is a lifetime skill. This webinar will show you how to actually uncover a stock and decide if it's a good investment, how to evaluate risk, and more!

View full description and register at www.aafcs.org/DevelopmentCenter/Webinars.asp.

Run with Heart

By Cynthia L. Kenyon, AAFCS
Development Committee Member

Our cruise to Alaska last summer found us enthralled with the sport and business of mushing and dog teams. It was a world that we found interesting and very complex. Dog sled races are now occurring in the northern areas of land all over the world. Dog teams are put together with great care. The two main qualities that dogs must have are endurance and speed. Dogs are selected for their positions and used where they will contribute to the team. The lead dog, while extremely important, cannot pull a sled by itself. Other dogs are needed that pull the sled out of the snow, hold tight curves, and have the strength to run hour after hour. These dogs literally give their lives to their leader and their responsibility as they contribute to their team.

A musher cannot be effective without a team that knows what they are doing and works to achieve their goal. During a race, the musher will take care of the dogs first. The lead dog cannot pull a sled by itself. Other dogs are needed that have strength, stamina, and heart. All the positions on that dog sled team are absolutely critical to success.

In our organization, all of us are asked to accept roles and responsibilities that will lead to winning our races. All the roles are important as they contribute to the purposes of family and consumer sciences. These roles often develop and change as we grow and our organization continues to evolve. The roles may be as leader of the pack or behind the scenes making sure that all necessary supplies

and requirements are in place.

When you are asked to give your time, talents, and financial resources, please remember that you are an important person in our organization. We cannot exist without you. We cannot win our races without you. Thank you for all that you do for your families, friends, and communities. We need YOU on our team!

In Memoriam: Dr. Eva Medved

The family and consumer sciences (FCS) profession recently lost one of its most dedicated members—Dr. Eva Medved of North Canton, Ohio. Anyone who has worked in the FCS profession since 1970 knows her best for writing *The World of Food* textbook. Eva graduated from Kent State University with a degree in home economics in 1943 and received both her master's and doctorate degrees in nutrition from Ohio State University. She taught at Magnolia, Alliance, and Canton Lincoln High Schools. Until her retirement in 1990, Eva taught at Kent State University; however, she never really retired. She revised *The World of Food* over and over as deemed necessary, updating the text to keep up with current information with the last revision in 2006. At 88 years of age, Eva still attended every Ohio Association of Family & Consumer Sciences district and state conference and every AAFCS Annual Conference with her best friend and former FCS Teacher Janet Edel. She was a petite lady with a huge heart for the family and consumer sciences profession. The Ohio Affiliate will truly miss our friend.

Collaboration Is the Key: Midwest Regional AAFCS Conference

By Lorna Saboe-Wounded Head

Annual conferences are traditions for AAFCS affiliates. While the costs of hosting on-site conferences and professional development opportunities are increasing, professionals are looking for high-quality opportunities at an affordable price. By pooling their financial resources, expertise, and networking skills, the Iowa, Minnesota, Nebraska, and South Dakota Affiliates are collaborating to provide a low-cost, high-quality conference.

“Family and Consumer Sciences: Connecting to a Healthy Lifestyle” is the theme for the conference, which will be held on the campus of the University of Northern Iowa, Cedar Falls, April 8-9, 2011. Keynote speakers will be Dan Buettner, *New York Times* best-selling author of the book *Blue Zones*, and Chef John Thompson, executive chef at Minneapolis Club, Minneapolis, MN. Additional break-out speakers will provide research, programming, and educational tools that focus on improving the well-being of individuals, families, and communities.

For additional information and registration details, please contact me at lorna.woundedhead@sdstate.edu. Information can also be found on Facebook; search for Midwest Regional American Association of Family and Consumer Sciences Conference.



AAFCS 102ND ANNUAL CONFERENCE & EXPO

June 23 - 25, 2011
Phoenix, AZ

KEYNOTE SPEAKERS

Dr. William A. Guillory

Executive Director
The Center for Creativity
and Inquiry

Dr. James H. Johnson

Kenan Distinguished Professor of
Entrepreneurship and Strategy
Director, Urban Investment Strategies
Center
University of North Carolina
Kenan-Flagler Business School

This year's conference will also
feature more than 70 peer-reviewed
ed sessions and four super seminar
sessions!

REGISTRATION RATES

Early-bird rates valid until April 15:
Professional/Emeritus Member - \$365
Student - \$99
Nonmember - \$449

Registration opens in late January!

Watch www.aafcs.org/meetings/11 and our social media sites for updates on sessions and registration.

Welcome, New AAFCS Members!

AAFCS is excited to welcome members who joined November 1-30, 2010! Remember, you can connect with members nationwide by using the online Membership Directory at www.aafcs.org/Membership/FindMember.asp. And, affiliate leaders can find more detailed info on new members on the Leadership Exchange, hosted on the AAFCS Communities site.

AMERICAN OVERSEAS
Mary Beth Rockwell, Active

GEORGIA
Danielle F. Carroll, Student
Kristen Nicole Ray, Student
Susan B. Howington, Active

ILLINOIS
Cayla Knight, Student
Kathryn Hawley, Student
Caitlin Huth, Student
Lauren Miller, Student
Connie Brauer, Student
Kristina L. Garza, Student
Whitney Benefiel, Student
Kristin Jasin, Student
Britney Jones, Student
Rachel Quigley, Student
Audrey Beason, Student
Jamie Sue Scharfe, Student
Jennifer K. Moran, Student
Connie Coats, Student
Kendra Harris, Student
Courtney Roberts, Student
Lauren Elisabeth Ciganek, Student
Gina Christine Hess, Student

Heather Lynn Marrs, Student
Nicole Amber Tatge, Student
Ui-Jeen Yu, Active
Kim Jackson, Active
Deborah Petrowske, Active

INDIANA
Taylor Halleck, Student
Meagan Geary, Student

Courtney Nichols, Student
Mary Michel, Student
Sonya Lehman, Student
Alicia Bellisario, Student
Mary Beard, Student
Samantha Reynolds, Student
Megan Ashlock, Student
Sandra Carmichael, Active
Ronna Kawsy, Active
Rhonda Carter, Active

IOWA
Courtney Grim, Student
Kendra Carlson, Student
Elizabeth Fettes, Student
Katlin Bidne, Student
Kelsey Feltz, Student
Marlene Thompson, Student
Alyssa Stoullil, Student
Amanda Platten, Student
Megan Greenhalgh, Student
Karin McCulloh, Student
Chealsee Lynn, Student
Amanda Korkow, Student

LOUISIANA
Brittany Gayle Hood, Student
Simone de Brueys, Student
Christine Patricia Davis, Student

MINNESOTA
Krysten Lynne Dane, Student
Sandra Jore, Active

NEW YORK
Tracy Larkin, Student
Valerie Pollera, Student
Gina Brienza, Student
Elisabeth Zajack, Student
Ceren Brynell, Student
Laina Clements, Student
Helen Mullen, Student
Stacy Gulisano, Student
Sarah Rose Califano, Student

NORTH CAROLINA
Debara Blackwell, Active

OHIO
Kelley L. Smith, Active

PENNSYLVANIA
Loretta Innocenti, Active

SOUTH CAROLINA
Chase A Davis, Student

TEXAS
Staci Hoffmann, Student
David Wilder, Student
Sandra Elaine Duke, Active
Donna L. Ahrens CFCS, Active
Teri L. Thames CFCS, Active

VIRGINIA
Karen P. Munden, Active

WASHINGTON
Leah Barlow, Student

WISCONSIN
Allison Mary Wilker, Student



Proud Sponsor of the
January Issue of
The FACS

AAFCS Calendar of Events

- January 13, 2011** AAFCS Webinar - Cracking the Millionaire Code: Financial Education for Teachers and Students, 4:00pm ET
www.aafcs.org/DevelopmentCenter/Webinars.asp
- Mid-January 2011** AAFCS 2011 Election open
- January 18, 2011** Applications and nominations due for AAFCS Awards, Grants, Fellowships, and Scholarships
- Late January 2011** Registration open for AAFCS 102nd Annual Conference & Expo, June 23 - 25, 2011, Phoenix, Arizona
www.aafcs.org/meetings/11
- February 14, 2011** Last day to vote in AAFCS 2011 Election
- February 20, 2011** Registration deadline for AAFCS professional competency exams in March

Visit the AAFCS Calendar of Events at www.calendarwiz.com/aafcs/

The FACS

The FACS is the monthly newsletter for members of AAFCS. Photos and articles from and about members are welcome.

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gmason@aafcs.org

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The American Association of Family & Consumer Sciences (AAFCS) is the only professional association that provides leadership and support to family and consumer sciences students and professionals from both multiple practice settings and content areas.



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