



# FAMILY & CONSUMER SCIENCES EDUCATION

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## FACTS YOU SHOULD KNOW

### Family & Consumer Sciences

- Provides secondary and post-secondary students the opportunity to explore and prepare for careers in culinary, nutrition, dietetics, education, early childhood, fashion design, interior design, textiles, tourism and hospitality, food science, social services and many human services related careers.
- Provides students enrolled with skills, attitudes and behaviors necessary for promoting nutrition and wellness; strengthening the well-being of individuals and families; becoming responsible citizens and leaders in family, community and work settings; managing resources and finances; balancing personal, home, family and work lives; and preparing for successful life management, employment and career management; as well as, critical and creative thinking skills to address problems.
- Gives enrolled students opportunities to earn college credit and certifications in Early Childhood, Culinary, Fashion Design, Interior Design. Child Development Associate – CDA; Pediatric/Infant CPR & First Aid; ServSafe and National Restaurant Association certifications are a few certifications achieved in high school FCS coursework.
- Offers students opportunities in leadership roles, scholarships, and competition in FCCLA—Family, Career and Community Leaders of America student organization.
- Gives students an understanding of their world and a connection to their community with community service projects and real-life applications through work experience, internships and job placement, which allows them to explore careers and make informed career choices based on those experiences while completing high school.
- Engages students in hands-on learning that they will use for life – parenting, family relationships, communication skills, nutrition, fitness, food preparation, finances and management, fashion design, textiles, food science, and consumerism, to name a few.
- Gives students the opportunity to engage in skills that they will use daily for the rest of their lives and improve their quality of life.
- FCS is the only CTE department with the focus upon Human Services pathway that address essential needs of children and families.
- Builds 21st century and technical skills through alignment with career clusters:
  - Human Services
  - Agriculture, Food & Natural Resources
  - Education
  - Finance
  - Health Science
  - Hospitality & Tourism
  - STEM (Science, Technology, Engineering & Mathematics)
  - Architecture & Construction
  - Marketing, Sales and Services

## THE NEED FOR FCS EDUCATION

- Based upon the body mass index for children ages 10-17, 4.8 million children are classified as overweight and 5.1 as obese.
  - Fifty-three of every 1000 births are to unmarried women ages 15-44, with 47% ages 15-17.
  - Seventeen of every 100 children live in households where food is insecure.
  - Eighty-five of every 100 workers in 2010 consisted of working parents, who require quality child care.
  - The early child care field needs to fill 400,000 to 500,000 positions by 2018.
  - Half of the fastest growing CTE programs are related to Early Childhood and Culinary Arts, which are associated with higher than average employment growth.
  - Research proves that hands-on engaging education prevents high school drop outs.
- (for reference, refer to [www.ksde.org/default.asp?abid=4692](http://www.ksde.org/default.asp?abid=4692))
- Fact sheet information provided by Gayla Randel, Education Program Consultant, Family and Consumer Sciences, Kansas Dept. of Education*



### FCS NEEDS YOU

To take a stand for family and consumer sciences programs.

To realize the impact that FCS programs have on training America's workforce.

To recognize the role that these programs have on improving the quality of life for individuals and families.

To speak up for FCS education and make it a priority for graduation requirements and strong program on the post-secondary level.



### The Role of FCCLA – Family, Career and Community Leaders of America

Students can expand and/or demonstrate their 21st century and technical skills within FCCLA. FCCLA is embedded into the Family & Consumer Sciences curriculum and opportunities for leadership at a local, regional, state and national level are available. Scholarship opportunities, competitive STAR Events, and community involvement give students an opportunity for personal growth and many benefits.

Contact FCCLA at:

[www.fcclainc.org](http://www.fcclainc.org)