

IN THE KNOW

ITK IS THE OFFICIAL NEWSLETTER OF THE AAFCS STUDENT UNIT



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FROM THE CHAIR

Dear AAFCS SU Members,

Welcome to 2009!!! I hope that 2008 ended on a high note and that you are ready to embark upon the year 2009 with excitement and enthusiasm!! As student leaders in family and consumer sciences, we have so much to look forward to this year. Not only are we celebrating the centennial year of AAFCS, we are also continuing the 2nd Century of Helping project and performing acts of community service throughout our schools, communities, and nation. Get ready for a whirlwind this semester as you work to change the lives of you, your peers, and other citizens throughout your communities for the better. Be sure to apply for scholarship and fellowships and apply for awards through AAFCS. This isn't the time to be modest, recognize yourself and take pride in your accomplishments!! Please let me or any other Student Unit officers know if we can be of service to you this year. Feel free to email us or join the AAFCS Student Unit group on Facebook. We are excited about everything that is in store for the future leaders of the American Association of Family and Consumer Sciences!!!!

Sincerely,

Megan Pritchett

AAFCS Student Unit Chair

AAFCS STUDENT UNIT HELPS "RECYCLE FOR SIGHT" BY TRACI JARRETT, AAFCS SU VICE CHAIR OF OUTREACH AND SERVICE

For those of you planning to attend the 100th Annual Conference and Expo in Knoxville, Tennessee this June, we hope you help support the Student Unit's 2009 National Outreach Project!

This year the AAFCS Student Unit will be collecting used prescription or non-prescription eyeglasses and sunglasses at the annual conference for Recycle for Sight, a program sponsored by Lions Club International.

Your donation will help more than you will know! Millions of people lack access to basic eye care and corrective lenses. The eyeglasses collected will go to help children, adults and seniors all over the world!

Be sure to check in your drawers, closets and desks at home and at school! Children's glasses are especially needed!

If you have any questions, please contact Traci Jarrett, AAFCS Student Unit Vice Chair of Outreach and Service at traci11@uga.edu. For more information about the Lions Club's Recycle for Sight program please check out: http://www.lionsclubs.org/EN/content/vision_eyeglass_recycling.shtml.



Expand your online presence! AAFCS is seeking Community members! Being a member of an AAFCS online Community can put you in touch with FCS professionals! Find out more about this member benefit today at <http://www.aafcs.org/about/communities/index.html>

Get Ready!!!!!!!!!!!! February is student member month for AAFCS!! This means we want you to raise your membership during the month of February!! As you go back to school, get out on your campus and recruit other students to join your chapter. The chapter who gets the most members during the month of February will be recognized at the Annual Conference in June.

SUSTAINABILITY AND AAFCS: WHAT YOU CAN DO BY DAVETTE ANGELO, AAFCS SU SECRETARY

Every time the 1st of January rolls around we come up with New Year's resolutions to help ourselves become better individuals. We decide on things that we are going to cut back on or things that we will do more of, right? Well, one concept that is definitely something to consider including on your list of things that you will accomplish in 2009 is practicing sustainability. What is sustainability? Sustainability is meeting the needs of the present without compromising the ability of future generations to meet their own needs. Sustainability includes efforts to preserve the environment that positively impact the economy and society.

I encourage you to integrate sustainability not only in your own life, but in your student units as well. This could include **collecting old ink cartridges** and **cell phones** to be recycled, **creating designs** for a fashion show with **vintage clothing**, **carpooling** to student unit events and meetings, promote recycling of unwanted items as your fellow classmates move out of the dorms, or for your next student unit meeting **try not to print out so many handouts of the agenda** for everyone and save some paper (trees).

The concept of sustainability is aligned with the vision of the American Association of Family & Consumer Sciences, as sustainable practices are not only beneficial in the present but they

will also help individuals, communities and families of tomorrow. Your efforts also support our annual conference theme, "Celebrating the Past and Sustaining the Future". As we enter 2009 take the time to think about what you and the members of your student unit can do to sustain the future.

AAFCS is offering one undergraduate scholarship and several graduate fellowships for the 2009-2010 program year. The deadline application is January 16, 2009 for most of these programs. All of the information is linked from AAFCS at <http://www.aafcs.org/programs/index.html>.

Exemplary Community Service Projects By Axton Betz, AAFCS SU First Vice Chair

Two student units have completed successful community service projects. The **University of Georgia** student unit participated in an "Adopt a Family" project. As part of this project, they "adopted" a mother and daughter. Prior to Thanksgiving they collected non-perishable food items from student unit members as well as other individuals within the college. After Thanksgiving break, they collected clothing for both family members and toys for the daughter. During their Reading Day meeting, they gathered the food, clothing, and toys and wrapped the presents. After the meeting, they delivered everything that was collected to the mother and daughter.

Iowa State University's student unit completed multiple community service projects during the Fall 2008 semester. One of these projects included raking leaves for a retired professor and another project included sewing bags and filling them with school supplies to donate to children in need.



Iowa State University students cutting fabric (Photo courtesy of Axton Betz, AAFCS SU 1st Vice Chair)

Awards Anyone? by Linsey Johnson, AAFCS SU Second Vice Chair

AAFCS has awards for you!! These awards help recognize outstanding Student Unit members, chapters, and advisors for their hard work and outstanding activities throughout 2008-2009. The awards include: **Community Service, Standard of Excellence, Progress, Outstanding Advisor, Student of the Year**, and **Program of the Year** award. *Program of the Year* is a new award this year. It will be based on a rubric of points; your chapter will be able to earn points by participating in projects. The application deadline is March 10. The applications will be on the AAFCS website along with more information about the awards soon. The awards will be presented in Knoxville, Tennessee at the 2009 Annual Conference. Don't forget to apply for these awards!! You may think you can't win but you will never know till you try!!! If you have anymore questions please feel free to contact me at ljohns30@stallions.abac.edu and I will help you in anyway I can.

The **2009 WIM Conference** will held **February 12-14** at the Palmer House Hilton in **Chicago**. This is a **career conference** for students interested in careers in Family and Consumer Sciences. For more information, including registration materials see: <http://www.eiu.edu/~wimconf/index.php>

SU Leadership: Training Ground for your FCS Future!

Do you want to raise your leadership skills to the next level? AAFCS Student Unit National Office is the PERFECT opportunity for you! If you are an AAFCS student member you're eligible to apply. Application materials will be online later this month. Contact the current SU officer to get the scoop on what being an officer is all about!

http://www.aafcs.org/students/index.html#pgs_officers

Calling all students! It's time to start thinking about attending the AAFCS 100th Annual Conference! Full registration rates for students are just \$99! All conference details are online at

<http://www.aafcs.org/meetings/09/index.html>.



Attending Annual Conference is a great way to meet and learn from practicing FCS professionals. And, since it's AAFCS' 100th birthday, it's going to be one great party, too!



Have you moved? Changed emails? Sign in to the AAFCS Member Web Portal to update your member record. Visit www.aafcs.org today!