IOWA FCS

CONNECTING PROFESSIONALS.TOUCHING LIVES.

"The Betty Lamp"
Adopted as the logo of American Home Economics Association in 1926
Designed by Mildred Chamberlain, Chicago, IL
Symbolizes:

- The need of exact knowledge
- The appreciation of beauty
- The spirit of joy
- The blessing of fellowship
- The satisfaction of achievement
- The value of service
- The bond of cooperation

From the AAFCS—100 Years of Inspiration-Centennial Book of Quotations

2022 Iowa FCS Newsbrief

Bring on Spring! From Tia Shaffer, President

I know we are all looking forward to the signs of spring. Whether it be the warmer temperatures, more daylight, greening grass, blooming tulips, busy parks and playgrounds, or the excitement of famers preparing for planting (at my house anyway), or graduation in May, it is a new season! A fresh start! A new mindset!

As for AAFCS-IA, Spring brings our annual meeting and workshop. Our spring annual meeting and workshop will be held on Saturday, April 23rd. Information for registration is located within the newsletter as well. We are always looking for fresh faces, new ideas, and enthusiastic members to serve on our AAFCS-IA Board.

I've always been a fan of motivational quotes. One of my favorites for Spring is "where flowers bloom, so does hope." As Spring progresses, may your careers, families, and homes be abundantly full of fresh new ideas, a renewed mindset, kindness, hope, and your continued support for AAFCS and Family and Consumer Sciences

Tia Shaffer
President, AAFCS - Iowa Affiliate
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Congratulations Suzanne Secor-Parker!

Congratulations to Iowa AAFCS Past President Suzanne Secor-Parker on her retirement! The Bureau of Nutrition and Health Services recognized Suzanne's more than 42 years of service to the State of Iowa with a celebration on March 3rd and a reception on March 4th. We all wish you the best and thank you for your dedication to children and families throughout your career, as well as your dedication to Iowa AAFCS. Enjoy your retirement, Suzanne!

Check out the Iowa AAFCS webpage:
www.aafcsorg/iowa

Upcoming Events

Saturday, April 23rd
Iowa AAFCS Spring Workshop
Council Bluffs, IA
(details on page 2)

June 25-27, 2022
AAFCS Annual Conference and Expo, Orlando, FL

June 23-25, 2023
AAFCS Annual Conference and Expo, Baltimore, MD

Be on the Lookout!

Iowa AAFCS is searching for these positions:

- President-Elect
- Vice-President of Marketing and Membership Chair

Consider nominating yourself or someone you know!

Iowa AAFCS Spotlight

Gabby Terrill, Spring 2022 Student Teacher
Iowa State University, Family and Consumer Sciences Education

I am currently student teaching at the Waterloo Career Center. The Career Center is a really special place that provides students with unique experiences while in high school. All of the area high schools feed into the Career Center to take specialized classes in STEM and CTE. I am teaching the culinary classes and it has been great. I am learning a lot about how to run an efficient lab, especially one that is as industry based as the lab I am working with. My classroom is a high tech, industry kitchen with equipment you would find at any restaurant.

The biggest thing I would say that I am learning is how to rephrase my sentences in more than one way. When I am teaching, I say things in a way that makes sense to me, and most of the class, however, not everyone. Because of this, I need to think about what other words I could use, or what other examples I could give. It can be challenging when I am put on the spot like that, but it is helping me grow as a teacher. I also have several students who are going on to culinary school, and seeing them in the kitchen amazes me more and more each day. There is such an abundance of raw talent that I sometimes feel inadequate to teach them. However, in that, I am being challenged to come up with recipes or projects for them to do that push and excite them.

As I am wrapping up this placement in the next couple weeks, I am looking forward to moving to my second placement at Hudson High School. I have been hired at Hudson to teach starting this fall, so when I get there in March, I will be able to start planning for my career and making the room my own. I will also be able to start building connections with the staff, students, and admin to ease the transition into my first year of teaching. I am excited for what is still coming for me throughout the semester.

ISSFCS Spring Workshop-*Connect!*

Join us Saturday, April 23th from 10-3 in Council Bluffs for the annual Iowa AAFCS Spring Workshop. Our spring workshop theme is "***Connect!"*** Come ***Connect*** with other FCS professionals from around the state and neighboring states too! Our day will be packed with opportunities to meet and discover what other professionals are doing in our region. We have a variety of guest speakers planned designed to inspire and ***Connect*** you to others in our network and those we serve. Our business meeting will be at noon with lunch provided. A silent auction will be held throughout the day. Please bring your silent auction items to donate. Proceeds help fund benefit the "Iowa FCS Teacher of the Year" award. This yearly award will help send our Iowa FCS Teacher of the Year to the AAFCS National Convention held in Florida this June.

Registration for this event is $20 for members and non-members; students $15. Please encourage all FCS teachers, future FCS teachers and industry professionals to join us and ***Connect!***
Sign up at the Google link below:

https://docs.google.com/forms/d/e/1FAIpQLSdnnLIvB9vPr-D-1Ojy0HDjs3mmcH4VnFdvrWAzLYPq06mzMA/viewform

For more information contact:
Emilee Bilharz at bilharzemi@glenwoodschools.org
Emily Kromminga at: krommingaemi@glenwoodschools.org

So that we can have an accurate count for lunch, please register by April 10. Payments can be mailed in, made online, or paid at the door.

AAFCS AMERICAN ASSOCIATION OF FAMILY & CONSUMER SCIENCES IOWA AFFILIATE

FIND YOUR PEOPLE

Editor: Shari Hernandez
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Articles and story ideas are welcome!